



SCPN INSPIRED GIFTS

1.

6 healthy gifts to bring to a party

Can you go to your friend's party without a bottle of wine and an offering of food? The SCPN gathered the best alternative healthy gift ideas to bring to a party host.



1. CINEMA TICKETS

Cinema tickets make a perfect gift for an active cinema-goer.



4. FAMILY GAMES

Board games or puzzles e.g. Scattergories, Scrabble or Pictionary!



2. HOME TOUCHES

Plants, bulbs, flowers (with a vase), scented candle or a new set of mugs.



5. FRUIT TRAY

Surprise the host with a tray of delicious fruit e.g. oranges, tangerines, kumquats and nuts.



3. GOOD READS

Cook books (happy soups!), children's books, local walks, colouring books.



6. LUXURY TEA OR COFFEE

Luxury coffee or tea bag selection (both traditional black teas and fruity and herbal teas) or water flavourings.